



# MARKET HALL LUNCH

A flexible, individual and inspiring lunch experience every day

## Bowls

- Baba Ganoush with pointed cabbage, spinach, bulgur, bell pepper, artichoke, grated zucchini, grated beetroot, celery, and parsley (1,8,9,10,13,15). Served with oil-vinegar dressing (13,15).
- Pulled baked salmon with herbs, salad, grated carrot, grated beetroot, peas, cauliflower, and watercress (3). Served with herb cream (2,6/lactose-free, 11, 13, 15).
- Spiced chicken with chickpeas, black quinoa, pointed cabbage, spinach, grated carrot, spring onions, chervil, chives, and parsley (13,15). Served with soy dressing (1,7,11).
- Flank steak with wasabi, pointed cabbage, spinach, pasta, grated beetroot, peas, spring onions, parsley, and cress (1,2,6,7,11,15). Served with parmesan dressing (2,6,11,13,15)

## Open-Faced Sandwiches, 2 pcs.

- Egg and shrimp with lime mayonnaise, San Marzano tomato, and herbs. Fish fillet with remoulade, lemon, and herbs (1,2,3,5,11,13).
- Soft-boiled egg with herb cream, tomato, crispy kale, and herbs. Rolled sausage with pickled mustard jelly, horseradish cream, and red onions (1,2,11,13,15).
- Pork loin with red cabbage, pickled cucumbers, pork cracklings, and mustard mayonnaise.  
Roast beef with bearnaise mayonnaise, fried celery, and tomato (1,2,6,9,10,11,13)

## Sandwiches

- Hummus with zucchini, artichoke, cornichons, semi-dried tomatoes, green bell pepper, flat-leaf parsley, pointed cabbage, and spinach (1,8,11,13,15).
- Turkey chorizo with parmesan dressing, artichoke, cornichons, semi-dried tomatoes, green bell pepper, flat-leaf parsley, pointed cabbage, and spinach (1,2,6,11,13,15).
- Chicken and bacon with curry dressing, onion relish, cornichon, bell pepper, pointed cabbage, and spinach (1,2,6,11,13,15).
- Ham and cheese with semi-dried tomato, cornichons, bell pepper, pointed cabbage, spinach, and mustard mayonnaise (1,2,6,11,13,15).

## INCLUDED

Cake every thursday  
Portions dish  
Order from day to day  
From only 1 person  
Free of choice

## SYMBOL EXPLANATIONS

- Vegetarian
- Vegan
- Lactose free
- Gluten free
- No consideration
- (0) Allergens

## CONTACT US

Do you have further questions,  
please contact us on:  
[torvekoekken@torvekoekken.dk](mailto:torvekoekken@torvekoekken.dk)

**70 22 82 12**

**Jespers Torvekøkken**  
Ambolten 2-6 • 6000 Kolding

# JESPERS TORVEKØKKEN

All lunch packages follow the normal price. We also offer vegetarian, vegan, gluten-lactose free or halal.